

## Payer Solutions



## Helping Our Health Plan Partners Deliver Single Source Solutions

OptumHealth unites the brightest minds to apply technology and information to make health care easier and better for the 61 million people who use our services every day. We have the largest breadth of integrated health care programs and services in the industry to provide high-quality care while lowering costs.

Our ever-evolving portfolio of programs and services includes solutions across the spectrum of care for our health plan and third-party administrator customers. Through our various divisions we offer expertise in care management, behavioral health, online health tools, specialty benefits and financial services.

Our networks include 80,000 behavioral clinicians, 3,500 behavioral facilities, 22,000 chiropractors, 43,000 physical medicine and occupational therapists, 635 transplant programs at 124 Centers of Excellence, 25,000 private practice and leading vision retail chains, and 75,000 dental providers.

All of our networks are focused on identifying the most effective, highest-performing providers. This helps get at the variation in providers and variations in care challenges — which in turns helps your bottom line.

### OptumHealth<sup>SM</sup>

#### Care Solutions

OptumHealth Care Solutions aggregates the expertise of industry-proven businesses and creates tailored solutions to address the areas that represent the biggest challenges for customers. We feature best-in-class programs and services in care management:

- Disease and Care Management
- Complex Medical Conditions (Centers of Excellence networks for Transplants, Cancer, Infertility, Congenital Heart Disease and more)
- Health Care Decision Support (NurseLine<sup>SM</sup> and Care24<sup>®</sup>)
- Physical Medicine (Chiropractic Care, Physical Therapy and Occupational Therapy)
- Wellness

End-to-end care management solutions that can enhance clinical outcomes and reduce costs

### OptumHealth<sup>SM</sup>

#### Behavioral Solutions

Utilizing a powerful proprietary clinical management method to place clinical resources where they can make the greatest impact, OptumHealth Behavioral Solutions delivers highly effective behavioral health services. They are cost-effective, accessible, proven to work seamlessly in complex benefit environments and include:

- Comprehensive Screening
- Motivational Interviewing
- Cognitive Behavioral Therapy
- Behavioral Health Benefits/EAPs
- Pharmacy Management
- Disability Solutions

Emotional health and wellness capabilities to address behavioral health issues in the health care delivery system

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#### Consumer Solutions

The focus of OptumHealth Consumer Solutions is to help members assess and understand their current health status, and then take a proactive and long-lasting approach to improving their health and wellness. Here are some of the online tools offered to individuals:

- Health Assessment
- Online Health Coaching
- Personal Health Record
- Health and Wellness Article Library
- Interactive Health Tools and Trackers
- Incentive Tracking and Management

An all-encompassing, Web-based approach to help individuals manage their health and change behavior for a healthier lifestyle

## OptumHealth<sup>SM</sup>

### Specialty Benefits

Dedicated to providing access to high-quality ancillary products that are affordable and easy to use, OptumHealth Specialty Benefits offers employer-paid and voluntary products to meet unique needs. The portfolio of our ancillary products includes:

- Dental
- Vision
- Life
- Disability
- Stop Loss

## OptumHealth

### Financial Services<sup>SM</sup>

OptumHealth Financial Services<sup>SM</sup> products and services are transforming health care, making it simpler, more efficient and more affordable.

OptumHealth Financial Services includes OptumHealth Bank<sup>SM</sup>, Member FDIC, and Administration Resources Corporation, a leading third-party benefits administrator.

We work with health plans to create custom solutions derived from our many products and services:

- Health care savings and spending accounts
- Benefits administration services
- Retiree benefit solutions
- Advanced medical and debit card technology
- Print and electronic payables solutions



## Contact Us Today

For more information on our programs for the payer market, or to schedule a meeting, please contact your OptumHealth Account Executive.

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